



Singapore Turf Club, 1 Turf Club Avenue  
 Singapore Racecourse, Singapore 738078  
 Tel: (65) 6879 1000 • Fax: (65) 6879 1010  
 www.turfclub.com.sg

**APPENDIX D**

**PLACE AND TRAIN STABLE GROOM**

**ATTENDANCE LIST**

**3 MONTHS TRAINING PERIOD: DD/MM/YYYY TO DD/MM/YYYY**

Month	Section	Details	Signed by Trainer	Signed by Trainee
	<b>Stables Maintenance</b>	<ul style="list-style-type: none"> <li>• Perform an effective cleanup of the stable box using correct techniques to ensure cleanliness and cost effectiveness.</li> <li>• Safety precautions Able to exercise safety precaution when working with horses.</li> <li>• Types of bedding – Usage and Methods Able to identify the different types of stable beddings and adopt the correct usage method.</li> <li>• Types of tools &amp; equipment Able to identify the different type of tools and equipment</li> <li>• Daily routines – Mucking out and stall cleanliness Able to demonstrate the ability to muck out and maintain cleanliness of stable stall and minimize the wastage of bedding.</li> <li>• Weekly routines – top ups and lay out Able to use the correct amount of bedding for topping and laying out a stall and demonstrate the ability to layout a stall efficiently. Monthly maintenance and clean out of stalls Able to demonstrate the ability to clean out a stall and layout with fresh bedding.</li> </ul>		



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	<b>Getting acquainted with Race horses</b>	<ul style="list-style-type: none"> <li>• Handle horses, from walking the horses, turning out the horses at the paddock to bringing the horses for a swim.</li> <li>• Types of equipment – bits, bridle, head collars. Able to demonstrate the ability to put on a bridle for a horse.</li> <li>• Walking and handling of horses – Control. Able to demonstrate the ability to walk and handle a horse with confidence.</li> <li>• Turning out of horses - yards, paddocks, rolling boxes. Able to turnout a horse safely in the yard.</li> <li>• Safety requirements with regard to riding apparel. Must have a clear understanding of different riding situations and elements that may lead to a dangerous situation.</li> <li>• Identify different aids (signals), both natural and artificial, used in the riding of horses. They must properly be able to identify and fit and know the reasons for the use of different items of tack, including saddles, bridles and nosebands.</li> <li>• Mount and dismount correctly and demonstrate a balanced position at all paces. An understanding of and the ability to ride a horse in a correctly balanced manner must be shown at all paces and in all situations.</li> </ul>		
	<b>Providing horse care</b>	<ul style="list-style-type: none"> <li>• Maintaining, monitoring and caring for the horses' health.</li> <li>• Types of equipment – grooming kits, hoof kits, Brushing and grooming – mane, body, tail</li> <li>• Hoof Maintenance – picking, brushing, oiling</li> <li>• Showering of horses and proper drying methods</li> <li>• Able to use the appropriate and correct equipment/kit to groom and shower a horse in a safe, effective and efficient manner.</li> </ul> <p>Equine Health – signs of sickness and good health, bring the horses to the vet, caring for an injured or ill horse.</p>		



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	<b>Preparing for track work and races</b>	<ul style="list-style-type: none"><li>• Prepare and tack up a horse for track work and races.</li><li>• Types of equipment – Saddles, Reins, Stirrups, Bridles, Bits</li><li>• Safety and equipment checks</li><li>• Able to identify the different type of tack equipment and tack a horse in a safe and confident manner.</li><li>• Able to perform a safety check on tack and horse.</li></ul>		
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